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MED-Project Highlights Free, Convenient Medication Disposal Options in Recognition of National Rural Health Day

In recognition of National Rural Health Day on November 20, 2025, MED-Project is highlighting the importance of safe medication disposal and the availability of free, convenient options for all residents, including those living in rural areas. National Rural Health Day celebrates the strength and unique contributions of rural communities, and MED-Project is committed to supporting these communities with easy-to-use, safe solutions for removing unwanted medication from the home.

So far in 2025, MED-Project has installed 22 new, secure drop boxes in rural areas throughout California, including locations in Calaveras, Colusa, El Dorado, Glenn, Imperial, Lake, Madera, Mariposa, Mendocino, Modoc, Monterey, Nevada, San Joaquin, Shasta, Siskiyou, Stanislaus, Sutter, and Yuba counties. These drop boxes help provide residents, particularly those living far from population centers, with convenient ways to safely remove unwanted and expired medication from their homes. These new sites are in addition to MED-Project's broader statewide network of secure drop boxes available across both rural and urban areas.

In addition to the new drop boxes in rural areas, MED-Project offers free, secure medication disposal options designed to support all residents. These include secure drop boxes located at select pharmacies and law enforcement agencies, as well as a mail-back program that delivers pre-paid medication disposal packages directly to residents.

Residents can request a free medication mail-back package by visiting med-project.org or calling (844) MED-PROJECT (TTY: 711). After receiving the package, they simply place unwanted or expired medications inside and return it through the mail for disposal.



Safely dispose of household unwanted or expired medication.

For those who prefer an in-person option, MED-Project maintains a network of drop boxes where residents can securely drop off unwanted medications.

“Residents have easy, reliable ways to dispose of unused household medications,” said Dr. Victoria Travis, National Program Director at MED-Project. “Our mail-back program and drop box locations make safe medication return simple, convenient, and completely free for residents.”

Many people are still learning about these free services. MED-Project hopes that National Rural Health Day will help increase awareness and encourage more households to use safe medication return options. Safe medication disposal helps reduce the risk of misuse and accidental ingestion. By offering accessible, free solutions, MED-Project supports public health efforts that benefit communities across the state.

For more information about MED-Project’s disposal programs, including types of accepted medication, visit med-project.org or call 1 (844) MED-PROJECT (TTY: 711).

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About MED-Project

MED-Project develops, implements, and operates safe, effective, and compliant programs for the disposal of household medication in adherence with state and local legislation. MED-Project works with national and local chain pharmacies, independent pharmacies, law enforcement agencies, and community-based organizations to educate residents and those who care for them on the proper use, secure storage, and safe disposal of household medicine. To learn more about convenient disposal options, call (833) MED-PROJECT / (833) 633-7765 (TTY: 711) or visit med-project.org.